

AMAPOLA 3

COMPOSERS Alex & Jennifer Kennedy, 7 Magnolia Pl., Papakura, NEW ZEALAND (09) 2986673
e-mail kennedy.a-j@xtra.co.nz

RECORD Star 131A

RHYTHM Rumba

Released -June 2001.

SEQUENCE Intro AB AB A Ending

ROUNDALAB Phase 3+2 [3 Of An Umbrella Turn & Fan]

SUG SPEED 45 RPM

FOOTWORK Opposite [women in parentheses]

INTRO

1-4

WAIT; WAIT; DIAGONAL CUCARACHAS TWICE WITH ARMS;;

1-2 Open Facing Arms at sides [Man Wall] Wait 2 Meas;; [M L & W R Foot Free]

3-4 Opening out with Arm Sweeps Sd L, Rec R, Cl L; Side R, Rec L, Cl R; To BFLY

PART A

1-5

HAND TO HAND TWICE;; [To A Left Hand Star] 3 OF AN UMBRELLA TURN;;

1-2 In BFLY Rk Bk L Trng LF To Face LOD, Rec R To Face Ptr, Sd L;

Rk Bk R Trng RF to Face RLOD, Rec L Face RLOD, Fwd R;

[Rk Bk L Trng LF RLOD, Rec R Face Ptr, Sd L Trng RF LOD;]

3-5 Fwd L, Rec R, Bk L; Bk R, Rec L, Fwd R; Fwd L, Rec R, Bk L;

[W Bk R, Rec L, Fwd R; Fwd L Trng ½ RF under jnd hnds, Rec R, Fwd L; Fwd R Trng

½ LF under jnd hnds, Rec L, Fwd R;]

6-8

LADY TO A FAN; [Man Face Line] PROGRESSIVE WALKS;;

6 Bk R, Rec L Trng ½ LF, Sd R LOD; [Fwd L, Fwd R Trng ½ LF, Bk & Sd L;]

7-8 Fwd L, Fwd R, Fwd L; Fwd R, Fwd L, Fwd R;

9-12

FORWARD FACE & CLOSE; [Lady To Tandem] FENCELINE TWICE;;

SPOT TURN; [Lady To Face]

9 Fwd L, Rec R Trng ¼ LF/Wall, Cl L; [Bk R, Rec L Trng ¼ LF, Sd R; To Tandem/Wall]

10-11 Cross Lunge R, Rec L, Sd R; Cross Lunge L, Rec R, Sd L;

XRIFL, Rec L Trng LF To Face Ptr, Sd R; [XLIFR, Rec R Trng RF To Face Ptr, Cl L;]

13-16

HAND TO HAND; CRAB WALKS;; NEW YORKER;

13 Join Trail Hands Bk L To Face LOD, Rec R Face Ptr, Sd L;

14-15 XRIFL; [WXLIF] Sd L, XRIFL; Sd L, XRIFL, Sd L;

Thru R With Straight Leg LOD, Rec L, Sd R;

Note:- Third time through A, end in Closed Position

PART B

1-4

HALF BASIC; LADY UNDERARM TURN; NEW YORKER; PROGRESSIVE WALK 3;

1 Fwd L, Rec R, Sd L;

2 Bk R, Rec L, Sd R; [Under Joined Lead Hands XLIFR, Trng RF Rec R Face Ptr, Sd L;]

3 Thru L With Straight Leg RLOD, Rec R, Fwd L Face LOD In LOP;

4 Fwd R, Fwd L, Fwd R;

5-8

SLIDING DOORS;; PROGRESSIVE WALK 3; NEW YORKER;

5-6 Sd L, Rec R, XLIFR; Sd R, Rec L, XRIFL;

7 Fwd L, Fwd R, Fwd L;

8 Fwd R With A Straight Leg, Rec L Trng RF Face Ptr, Sd R;

9-12

BASIC;; [Lady To A Tamara] WHEEL IN 3; WHEEL & UNWRAP;

9-10 Fwd L, Rec R, Sd L; Bk R, Rec L, Cl R; [B ck R, Rec L, Sd R; XLIFR, Rec R Trng RF Face Ptr, Sd L To A Tamara Position;]

11-12 Fwd L, Fwd R, Fwd L Face COH; Cont Wheel Fwd R, Fwd L, Cl R Face Wall;

[Fwd R, Fwd L, Fwd R Face Wall; In Place Trng LF L-R-L Face Ptr]

13-16

REVERSE UNDERARM TURN; FENCELINE; BASIC;;

13 XLIFR, Rec R, Sd L; [Under Joined Lead Hands XRIFL, Trng LF Rec L, Sd R Face Ptr;]

14 XRIFL, Rec L, Cl R;

15-16 Fwd L, Rec R, Sd L; Bk R, Rec L, Sd R;

ENDING

1-2

FORWARD BASIC; HOLD; [OPTIONAL LADY LEG CRAWL]

1 In Closed Position Fwd L, Rec R, Bk L;

2 Hold; [Optional -Lady slide her left leg slowly up outside of Mans extended right leg]