

# Dancez Merengue



Composers: Kenji & Nobuko Shibata, 820 Ryan Place #144, Pleasant Hill, CA 94523-5177  
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Record: Special Pressing available from Palomino or choreographer

Footwork: Opposite, directions for man (lady as noted)

Phase: Merengue Unphased

Sequence: Intro A A B C B A(1-4) D D B D End

Suggested Speed: 44 RPM

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Meas.

## INTRO

- 1-8 **WAIT: MERENGUE BASIC: WALK 2 TRN CL: MERENGUE BASIC: WALK 2 TRN CL: MERENGUE BASIC: CONGA BREAK TWICE::**
- 1 Wait pickup notes & 1 meas in OP Fcg Pos M fcg WALL approx 3' apt no hnd jnd;
- 1234 2 (Merengue Basic) Sd L, cl R, sd L, cl R;
- 1234 3 (Walk 2 Trn Cl) Walk fwd L, R twd partner's R sd, hooking R elbows fwd L passing W's R sd & trn RF (W RF), releasing arms cl R end in OP Fcg Pos M fcg COH approx 3' apt no hnd jnd;
- 4-5 Repeat Meas 2-3 of Intro starting M fcg COH & end in CP M fcg WALL::
- 1234 6 (Merengue Basic) Sd L, cl R, sd L, cl R;
- 123&4 7 (Conga Break) Trng to SCP fcg LOD walk fwd L, R, swiveling RF (W LF) on R to fc ptr XLIF/cl R, swiveling LF on R to SCP fcg LOD tap L heel fwd twd LOD;
- 8 Repeat Meas 7 of Intro;

## PART A

- 1-8 **MERENGUE BASIC: MERENGUE GLIDE: MERENGUE BASIC: MERENGUE GLIDE: OPEN BREAK to MAN'S WRAP & UNWIND:: STOP & GO::**
- 1234 1 (Merengue Basic) Assuming CP M fcg WALL sd L, cl R, sd L, cl R;
- 1&2&3&4 2 (Merengue Glide) Sd L high on toe/cl R high on toe, sd L high on toe/cl R high on toe, lowering on R sd L, cl R;
- 3-4 Repeat Meas 1-2 of Part-A::
- 1234 5-6 (Open Break to Man's Wrap & Unwind) Releasing trailing hnds rk apt L, rec R raising R hnd straight up, fwd L, comm rotating RF sd & bk R (W apt R, rec L, fwd R twd M's R sd, com rotating RF around M fwd L) end in M's WRAPPED Pos both fcg DLW lead hnds jnd at M's R hip free hnd extended sd; Cont rotating RF bk L, XRIB, comm unwind RF on both ft, complete unwind RF end wgt on R (W cont rotating around M fwd R, L, R, sd L fcg M & COH) end in LOP Fcg Pos M fcg WALL;
- 1234 7-8 (Stop & Go) Rk apt L, rec R, leading W trn LF under jnd lead hnds fwd L, fwd R checking W's L shoulder with R hnds look at W (W rk apt R, rec L, fwd R comm trng LF under jnd lead hnds, completing trn 3/4 LF sd L twd COH with checking motion); Rec L trng W RF under jnd lead hnds, cl R, assuming CP sd L, cl R (W rec R comm trng RF, cont trng RF cl L to fc M & COH, sd R, cl L);

## PART B

- 1-8 **SNAKE:: MERENGUE BASIC: CONGA WALKS L & R:: CONGA WALKS FWD & BK::**
- 1234 1-3 (Snake) CP M fcg WALL raising M's L & W's R hnds trn LF 3/4 under jnd hnds joining M's R & W's L stp L, R, L, R in pl (W stp in pl R, L, R, L trng RF 1/4) end in Sd-by-Sd Pos fcg RLOD (W LOD) L-hip adjacent M's L & W's R hnds jnd at W's R-hip M's R & W's L hnds jnd at M's bk; Raising M's L & W's R hnds to lead W trn RF under jnd hnds stp in pl L, R, trng RF 1/4 (W trn RF 1/4 under M's L & W's R hnds stepping R, L in pl) end momentary in Bk-to-Bk Pos fcg COH (W WALL), raising M's R & W's L hnds to lead W trn RF under jnd hnds stp in pl L, R trng RF 1/4 (W trn RF 1/4 under jnd M's R & W's L hnds stepping R, L in pl) end in Sd-by-Sd Pos fcg LOD (W RLOD) R-hip adjacent M's L & W's R hnds at M's bk M's R & W's L hnds at W's L hip; Raising M's R & W's L hnds stp L, R, L, R in pl trng LF 3/4 under jnd hnds (W stp in pl R, L, R, L trng RF 1/4) end in BFLY M fcg WALL;
- 1234 4 (Merengue Basic) Assuming CP M fcg WALL sd L, cl R, sd L, cl R;
- 1234 5-6 (Conga Walks L & R) Releasing hnds sd L twd LOD, thru R, sd L, pt R twd RLOD leaning upper body twd LOD; Sd R twd RLOD, thru L, sd R, pt L twd LOD leaning upper body twd RLOD;
- 1234 7-8 (Conga Walks Fwd & Bk) Walk fwd (W bwd) twd WALL L, R, L, leaning upper body fwd (W bk) pt R bk; Walk bk (W fwd) twd COH R, L, R, leaning upper body bwd (W fwd) pt L fwd;

## PART C

- 1-8 **OPEN BREAK to NAT TOP w/ UNDERARM TRN:: CHECK & ROLL to TWISTS::**  
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- 1234 1-2 (Open Break to Nat Top w/ Underarm Trn) Assuming LOP Fcg Pos M fcg WALL rk apt L, rec R,  
 5678 assuming CP sd & fwd L comm trng RF, cont trng RF XRIB (W apt R, rec L, fwd R comm trng RF, cont  
 trng RF sd & fwd L); Cont trng RF sd L, cont trng RF XRIB raising jnd lead hnds to tm W RF, cont  
 trng RF sd L, cl R (W cont trng RF XRIF, sd & fwd L comm trng RF under jnd lead hnds, cont tm RF  
 under jnd lead hnds fwd R, sd L to fc ptr) end in LOP Fcg Pos M fcg WALL;
- a1234 3-4 (Check & Roll to Twists) Holding W's L wrist with R hnd sd L/tap R twd RLOD knee bent twd L in  
 5678 OP Pos both fcg WALL, leading W roll LF fwd R comm trng RF 1/2 release hnds, cont trng RF sd &  
 fwd L to fc COH joining lead hnds, sd R twd LOD (W trng RF 1/2 on L sd R twd RLOD/tap L twd LOD  
 knee bent twd supporting ft, sd L comm rolling LF, cont rolling LF sd R to fc M & WALL, sd L) end in  
 Loose CP M fcg COH; Leading W swivel LF rk sd L, leading W swivel RF rk sd R, leading W swivel LF  
 rk sd L, leading W swivel RF rk sd R (W swiveling LF on L XRIF, swiveling RF on R XLIF, swiveling LF  
 on L XRIF, swiveling RF on R XLIF) end in CP M fcg COH;
- 5-8 Repeat Meas 1-4 of Part-C starting M fcg COH & end in CP M fcg WALL;;;

## PART D

- 1-8 **ARM SLIDE:: CURLY WHIP to NAT TOP:: ROLL IN & OUT::;**
- 1234 1-2 (Arm Slide) CP M fcg WALL placing both hnds to W's armpits (W's hnds on M's arms) bk L, R, L, R  
 5678 small steps (W bk R, L, R, L small steps) sliding hnds along arms to join both hnds; Fwd twd ptr L, R,  
 L, R small steps (W fwd R, L, R, L small steps) extending jnd both hnds sd;
- 1234 3-4 (Curly Whip to Nat Top) Rk apt L, rec R raising jnd lead hnds to lead W tm LF under jnd lead hnds,  
 5678 sd & fwd L comm trng RF, cont trng RF XRIB (W rk apt R, rec L, fwd R comm trng LF under jnd lead  
 hnds, cont trng RF sd L) end momentary in CP M fcg COH; Cont trng RF sd & fwd L, cont trng RF  
 XRIB, cont trng RF sd L, cl R (W cont trng RF XRIF, cont trng RF sd & fwd L, cont trng RF XRIF, sd L)  
 end in CP M fcg WALL;
- 1234 5-8 (Roll In & Out) Sd L leading W tm RF, rec R leading W fwd, cl L reasing R-hnd hold, sd R twd RLOD  
 5678 (W swiveling RF on L bk R twd RLOD, rec L, fwd R comm rolling LF 3/4, cont rolling LF sd L twd LOD)  
 1234 end momentary in LOP Pos both fcg WALL; Rec L leading W roll RF, cl R in one-hnd WRAPPED  
 5678 Pos both fcg WALL M's R-hnd at W's waist, sd L twd LOD, rec R leading W roll LF (W rec R comm roll  
 RF full tm, cont rolling RF cl L to fc WALL, sd R twd RLOD, rec L comm roll LF full tm); Cl L, sd R twd  
 RLOD in momentary LOP Pos both fcg WALL, rec L leading W roll RF, cl R in one-hnd WRAPPED  
 Pos both fcg WALL M's R-hnd at W's waist (W cont rolling LF cl R to fc WALL, sd L twd LOD, rec R  
 comm rolling RF full tm, cont rolling RF cl L to fc WALL); Sd L twd LOD, raising jnd lead hnds rec R  
 leading W tm LF, sd L, cl R (W sd R twd RLOD, rec L trng LF 1/2 to fc M, sd R, cl L) end in CP M fcg  
 WALL;

## END

- 1-3 **MERENGUE BASIC: MERENGUE APT & Pt::**
- 1234 1 (Merengue Basic) CP M fcg WALL sd L, cl R, sd L, cl R;
- 1234 2-3 (Merengue Apt & Pt) Releasing hnd hold tm slightly LF (W RF) sd L twd DLC (W twd DLW) shaking  
 5678 L-hnd (W R-hnd) above head R-hnd on hip look at ptr, cl R, sd L, cl R; Sd L, cl R, sd L, pt R twd ptr as  
 music fades out;

## HELPS WITH THE FIGURES IN DANCEZ MERENGUE

All steps here start with the lead foot (Man's Left, Woman's Right). Most of the figures are not yet phased. We have listed the phase for those that are.

- **(MERENGUE) BASIC, phase III** (4 even counts)  
side, close, side, close - 4 even steps
- **(MERENGUE) GLIDE, phase IV** (4 beats - timing 1&, 2&, 3, 4)  
side/close, side/close, side, close - first 4 steps (2 side closes) are quick, the last side close is slow
- **WALK 2 TURN & CLOSE** (4 even counts)  
Both partners walk towards each other in 2 steps, hook R elbows taking a step forward to pass partner both turning RF, release arms and close to end about 1 meter apart, no hands joined.
- **CONGA BREAKS, phase IV** (4 beats - timing 1, 2, 3&, 4)  
If started from facing wall:  
turning to Scp/LOD walk 2, swivel toward RLOD & step through across body/close, swivel back towards LOD & tap heel forward towards LOD.
- **CONGA WALKS, phase III**
  - > **forward & back** (8 even counts)  
walk forward (L, R, L,) lean upper body forward & point R back (Woman does opposite)  
walk back (R, L, R,) lean upper body backward & point L forward (Woman does opposite)
  - > **left & right** (8 even counts) (from SCP/LOD) (no hands joined)  
side L towards LOD, thru R, side L, turn to RLOD and point R towards RLOD leaning upper body back towards LOD  
side R towards RLOD, thru L, side R, turn to LOD and point L towards LOD leaning upper body back towards RLOD
- **ARM SLIDE** (8 even counts)  
Man places both hands on Woman's arms about to her armpits. Woman places both her hands on the Man's arms about up to his shoulders. Leaning slightly forward, both partners take 4 small steps backwards while sliding their hands down their partner's arms to end about arm's length apart with hands joined. This takes 4 counts.  
Both partners take 4 small steps forward bringing joined hands down to the side. This takes 4 counts.
- **STOP & GO** (8 even counts)  
**Man** will rock apart, recover, forward L (lead the Woman to turn LF under joined lead hands), forward R (check motion & place right hand on Woman's left shoulder like on a jive Stop & Go - look at Woman). This is the first 4 counts.  
Recover L (turn Woman RF under joined lead hands), close R, go to closed position and step side L, close R. This is the 2nd 4 counts.  
**Woman** will rock apart, recover, step forward R starting to make a LF turn under joined lead hands, continue to make a 3/4 LF turn step side L towards COH checking motion. You may sweep your left arm up and out. This is the first 4 counts.  
Recover R starting a RF turn, continue turning RF close L to face Man and COH, go to closed position and step side R, close L. This is the 2nd 4 counts.

- **OPEN BREAK to MAN'S WRAP & UNWIND** (8 even counts)  
Man - release trail hands (trail hands extend to the side - not up) - rock apart, recover, forward, side back, cross R in back, unwind in 2 to end with Left foot free  
Woman - rock apart, recover, walk forward in a tight circle around the Man in 6 even steps.  
 The last step will be side to end facing partner & COH.

- **ROLL IN & OUT** (16 even counts)

Man

1 - side, recover, close side  
 2 - recover, close, side, recover  
 3 - close, side, recover, close  
 4 - side, recover, side, close

So the Man will step:

side (then)  
 4x recover, close, side (then)  
 recover, side, close

Woman

1 - As the Man leads, the Woman will first rock back, recover then roll **out** in 2  
 2 - Roll **in** in 2 then rock, recover (starting to roll again)  
 3 - Roll **out** in 2, roll **in** in 2  
 4 - Step side, recover to face, side, close

At the end of each roll **out** you are in Left Open Position, both facing wall.

At the end of each roll **in** you are in a one handed wrapped position, both facing wall. (Woman may have her left hand extended forward)

At the end of the complete figure you are in Closed Position, both facing wall.

- **CURLY WHIP to NATURAL TOP** (8 even counts)

This figure will make one complete RF turn.

Man - rock apart, recover (starting a RF turn, & raising lead hands for Woman to turn under), side L, cross R in back (you are now in CP facing about COH)  
 side L, cross R in back, side L, close R (ending Closed Position facing wall).

Woman - rock apart, recover, forward making a LF turn under joined lead hands, side cross R in front, side, cross R in front, side

- **OPEN BREAK to NATURAL TOP with UNDERARM TURN** (8 even counts)

This figure will make 1 full RF turn.

Man - rock apart, recover to CP starting a RF turn, side, cross R in back  
 side, cross R in back (raise lead hands for W to turn RF), side, close

Woman - rock apart, recover, forward, side,  
 cross R in front, forward (starting to turn RF under joined lead hands), forward continue turn, side

- **CHECK & ROLL to TWISTS** (8 beats - first 2 are quick, then 7 even counts)

Man - quick side L/tap R (keeping R foot free), forward R towards RLOD starting to turn RF, forward L to face COH, side R keeping feet slightly spread for stability & balance  
 On the next 4 steps the Man will just rock from side to side giving the Woman stability as she swivels in place. Keep both hands joined.

Woman - swivel to face wall - quick step side R/tap L (keeping L foot free) side L starting to roll LF, continue to roll and step side R to face Man and wall, side L

The next 4 steps you will take 4 swivel steps starting with swivel LF and stepping with Right foot forward (towards DL). You can lift your knee to make high swivel steps.

- **SNAKE**

The Man turns 3/4 Left face, 1/4 Right face, 1/4 Right face, 3/4 Left face

The Woman turns 1/4 Right face **4 times**

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You turn under Lead hands, Lead hands, Trail hands, Trail hands

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Couple position is:

side-by-side, Man face RLOD, Woman face LOD

back-to-back, Man face COH, Woman face wall

side-by-side, Man face LOD, Woman face RLOD

Butterfly Man face Wall (Woman face partner & COH)