

YOU SHOULD BE DANCING

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STAR 507CD available from Palomino (Flip She Knows That She Wants To)
Sequence: INTRO, A, A, B, A MOD, A 9-16, END Phase V cha-cha 6/15/03

INTRO

1-4 WAIT;; DISCO ARMS 4 TIMES;;

- 1-2 Wait 2 meas fc ptr & wall lead ft pt to LOD trail hnds on an angle up in line with the pointed leg lead hnds joined at waist level;;
- 3-4 No footwork bring R arm down to front of L side of waist, pt hnd bk up to original pos, repeat arm down, arm up with the option of bouncing in the supporting leg slightly; repeat meas 3;

PART A

1-4 OPEN HIP TWIST; FAN; INTERRUPTED STOP & GO HOCKEY STICK WITH ROCK 4;;

- 123&4 1 Chk fwd L, recov R, bk L/ cl R, bk L small steps present resistance of arm twd W (W rk bk R, recov L, fwd R/ lk LIB of R, fwd R swiv ¼ RF on R);
- 123&4 2 Bk R, recov L, sd R/cl L, sd R (W fwd L, fwd R trn ½ LF, bk L/lk RIF of L, bk L leave R extended fwd);
- 123&4 3 Chk fwd L, recov R raise L arm to lead W to a LF underarm trn, in pl L/R, L (W cl R to L, fwd L, fwd R/L, R trn ½ LF under joined hnds to end at M's R sd fc LOD);
- 1234 4 Chk fwd R like a fence line bring R arm up like disco arm, recov L, rk sd R arm bk to waist like disco arm, recov L (W rk bk L arm up like like disco arm, recov R, trn ¼ RF to fc wall rk sd twd LOD L in wrap pos, recov R trn ¼ LF to fc LOD);

5-8 FINISH STOP & GO; ROCK 4; HOCKEY STICK TO LOP;;

- 123&4 5 Chk fwd R arm up like disco arm, recov L bring joined hnds up to lead W under RF trn, in pl R/L, R bring R arm out to sd (W rk bk L arm up like disco arm, recov R, trn RF fwd L/ cl R, bk L trn ½ RF to fan pos);
- 1234 6 Chk fwd L with R arm to L sd of waist like disco arm, recov R, rk bk L with R arm up like disco arm, recov R (W rk bk R swing L arm across body, recov L, rk fwd R swing L arm bk and up to sd, recov L);
- 123&4 7 Chk fwd L with R arm to L sd of waist like disco arm, recov R, in pl L/R, L R arm to sd (W rk bk R swing L arm across body, recov L, fwd R/L, R);
- 123&4 8 Bk R, recov L, sd R/ cl L, sd R (W fwd L, fwd R trn LF to fc ptr, sd L/ cl R, sd L);

9-12 QUICK NEW YORKERS; NEW YORKER RONDE TRANSITION; RONDE CHASSE; HIP TWIST CHASSE;

- 1&23&4 9 Step thru L in LOP fc RLOD/ recov R, sd L in momentary BFLY, step thru R in OP fc LOD/ recov L, sd R in momentary BFLY;

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- 1234 10 Step thru L in LOP fc RLOD, recov R ronde L CCW, XLIB of R to OP
(W 123&4) fc LOD, in pl R (W step thru R, recov L ronde R CW, XRIB of L/ step in
pl L, R);
- 123&4 11 Same footwork not touching rk fwd L, recov R, ronde L CCW to XLIB of
R/ small sd R, sd L;
- 123&4 12 Rk bk R, recov L, XRIF of L trn hips LF/ cl L to R trn hip RF, sd R;
- 13-16 SOLO FENCE LINE WITH ARMS; SPOT TURN ARMS UP; SOLO
FENCE LINE WITH ARMS; SPOT TURN ARMS UP TRANSITION;**
- 123&4 13 Cross lunge twd wall L with R arm pt to wall & slightly down, recov R,
sd L/ cl R, sd L;
- 123&4 14 XRIF of L twd COH with R arm pt straight up trn $\frac{3}{4}$ LF, recov L trn $\frac{1}{4}$ LF,
sd R/ cl L, sd R;
- 123&4 15 Repeat meas 13;
- 123&4 16 XRIF of L twd COH with R arm pt straight up trn $\frac{3}{4}$ LF, recov L to fc
(W 1234) wall, fwd R/ lk LIB of R, fwd R (W XRIF of L trn $\frac{3}{4}$ LF, fwd L cont trn
 $\frac{1}{2}$ LF, sd & bk R cont trn to fc ptr, bk L) join lead hnds;

REPEAT A

PART B

1-4 BASIC NATURAL TOP TO OP;; BREAK BK TO DOUBLE CHA WITH STEP TAP TAP;;

- 123&4 1 Chk fwd L, recov R, comm RF trn sd L/ cl R, sd L end fc almost RLOD
(W chk bk R, recov L, fwd R/ lk LIB of R, fwd R);
- 123&4 2 XRIB of L cont RF trn, sd L cont trn, XRIB of L cont trn/sd L trn to fc
wall, small sd R to ready to trn LF to OP LOD (W sd L trn RF, XRIF of
L, sd L/ XRIF of L, sd L);
- 123&4 3 Swivel to OP fc LOD rk bk L, recov R stay in OP, fwd L trn slightly twd
ptr tch lead hnds/ lk RIB of L, fwd L;
- 1&23&4 4 Trn slightly away from ptr to V pos fwd R/ lk LIB of R, fwd R, trn slightly
twd ptr to tch lead hnds fwd L/ tap R behind L, tap R behind L again;

5-8 SIDE DRAW CLOSE; SIDE DRAW TCH; QUICK CUCARACHA SIDE CLOSE; QUICK CUCARACHA SIDE CLOSE;

- 1,,4 5 In BFLY fc wall sd R, draw L to R,, cl L to R;
- 1,,, 6 In BFLY sd R, draw L to R,, tch L to R;
- 1&234 7 Press the L ft to the sd/ recov R, cl L, sd R, cl L to R;
- 1&234 8 Press the R ft to the sd/ recov L, cl R, sd L, cl R to L;
- 9-12 SIDE DRAW CLOSE; SIDE DRAW TCH; QUICK CUCARACHA SIDE
CLOSE; MERENGUE 4;**
- 1,,4 9 In BFLY fc wall sd L, draw R to L,, cl R to L;
- 1,,, 10 In BFLY sd L, draw R to L,, tch R to L;
- 1&234 11 Press the R ft to the sd/ recov L, cl R, sd L, cl R to L;
- 1234 12 Do 2 side closes L, R, L, R with merengue styling L hip down as step sd L
and R hip down as cl R;

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REPEAT A MEAS 16 MODIFIED

16 SPOT TURN ARMS UP TRANSITION TO FACE RLOD:

123&4 16 XRIF of L twd COH with R arm pt straight up trn $\frac{3}{4}$ LF, recov L to fc
(W 1234) wall, fwd R/ lk LIB of R, fwd R ready to trn RF to RLOD (W XRIF of L
trn $\frac{3}{4}$ LF, fwd L cont trn $\frac{1}{2}$ LF, sd & bk R cont trn to fc ptr, sd L to fc
RLOD) join lead hnds;

REPEAT A 9-16

ENDING

1-4 BASIC NATURAL TOP TO OP;; BREAK BK TO DOUBLE CHA WITH STEP TAP TAP;;

123&4 1 Chk fwd L, recov R, comm RF trn sd L/ cl R, sd L end fc almost RLOD
(W chk bk R, recov L, fwd R/ lk LIB of R, fwd R);

123&4 2 XRIB of L cont RF trn, sd L cont trn, XRIB of L cont trn/sd L trn to fc
wall, small sd R to ready to trn LF to OP LOD (W sd L trn RF, XRIF of
L, sd L/ XRIF of L, sd L);

123&4 3 Swivel to OP fc LOD rk bk L, recov R stay in OP, fwd L trn twd ptr tch
lead hnds/ lk RIB of L, fwd L;

1&23&4 4 Trn away from ptr to slight V pos fwd R/ lk LIB of R, fwd R, trn twd ptr
to tch lead hnds fwd L/ tap R behind L, tap R behind L again;